



NEWS

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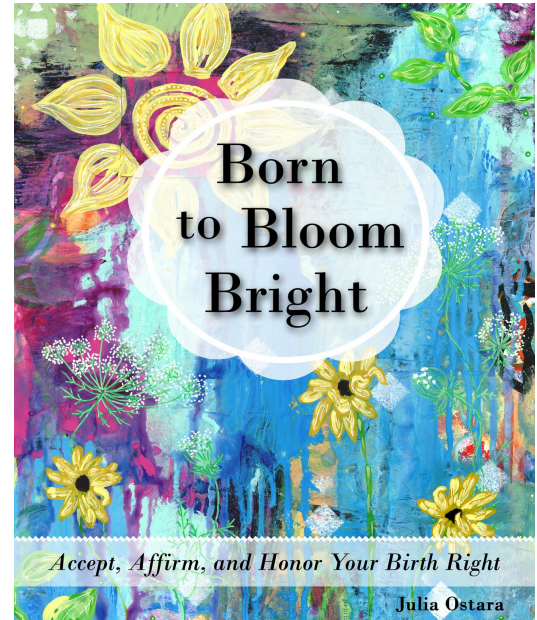
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Let This Book Enrich The Garden Within You

Born to Bloom Bright is an invitation to tend, enjoy, embody and fully appreciate the natural beauty within and all around us. Full of vibrant mixed media art, it features a bouquet of artists from around the world.

Jules Ostara takes readers on a symbolic walk through the seeds of possibility while making a declaration of vitality, a choice to grow and flourish, and a sweet celebration of life. It makes a great gift for birthdays, bridal parties, baby showers, friendship, graduation, mothers, gardeners, or everyday encouragement.

This book will be a perennial favorite to lift the spirits and brighten hearts. You can add your own voice and personal touch to pages by tapping into your creative nature. The book can be used as an oracle, meditation, visualization, or journaling tool and healthy reminder that every one of us was born to bloom! Embrace your sensuality, presence, and divine flower essence.



About the Author

Julia Ostara, aka Jules, is also the author of *The Girl Who Dances With Delight*. She loves to co-create with other artists, especially women who can find beauty and make magic amidst the messes and mundane. Making art helped to mend her heart after her mom, Paulette, died from ovarian cancer. She hopes to carry on a legacy of love and zest for life. Her work inspires people to play and to shine, from the inside out, while also discovering the depths of their own wisdom and wonder.

Born to Bloom Bright by Julia Ostara

ISBN: 978-1-7323974-1-5 | Hardcover | Price: \$34.99 USD

ISBN: 978-1-7323974-0-8 | Paperback | Price: \$24.99 USD

Published by Thrive True | 8.5x11 inches | 102 pages

Playful poetic verses were crafted using words foraged from seed catalogs and paired with colorful paintings to create a space for exploration, reflection and reclamation.



*I am a flowering garden
a vigorous grower
a perennial sweetpea
a bird of paradise*

Contributing Artists: Carol Iyer, Faith Evans-Sills, Flora Aube, Flora Bowley, Jessica Ruth Freedman, Joy Liu, Judith Schaller, Katharina Lucia, Kelly Siegel, Lily Sol, Michelle Lee, Nathalie Cappelletti, Nippinonni, Rosalina Bojadschijew, Shruti Gautam Dev, Susan Nethercote, Tracy Verdugo, and Wyanne Thompson